

\*\*\*

## PRESS RELEASE

13 April, 2025

## Indian Embassy marks '75 Days to International Day of Yoga 2025'

The Embassy of India in Bahrain marked the 75 Days run up to International Day of Yoga (IDY) 2025 with an event held at the Embassy complex last week. The event brought together Embassy officials, students from Embassy-run yoga classes, and yoga enthusiasts from across Bahrain in a collective celebration of wellness, harmony, and unity.

- 2. The gathering marks the beginning of a series of yoga-related events and initiatives that will continue across Bahrain until 21 June 2025, the day recognized globally as the International Day of Yoga. The Embassy invites all yoga lovers and practitioners in Bahrain to actively participate in these upcoming events and join the global movement for health and inner peace.
- 3. As part of the IDY 2025 celebrations, the Ministry of AYUSH, Government of India, is also inviting nominations for the prestigious Prime Minister's Yoga Awards 2025. These awards aim to honour outstanding contributions and excellence in the field of Yoga. Those interested may submit their nominations through the Ministry of AYUSH's official website by 15 April 2025.







